

MESOTHERAPY

OVERVIEW

Mesotherapy is an injection treatment that delivers pharmaceutical drugs, nourishing substances (vitamins, minerals, amino acids), plant extracts, and homeopathic agents to the layers of the skin where cell repair and growth occurs. All essential components for healthy skin cells, can be delivered by mesotherapy. Most of substances used, normally occur in the skin but as we age our skins circulation decreases, thus reducing the oxygen and nutrients. Mesotherapy basically replaces these naturally occurring substance. Solutions injected intradermal remain in the injected area and act as a natural time-release agent for up to 7 days, the injected solutions act to adjacent problematic tissues by continuing to diffuse into the deeper tissues.

USES

Facial Mesotherapy is a great skin program that is created on an individual basis and depending on what your specific skin problem is. The type of ingredients that will injected depends on what skin problem you have. For instance, if the circulation is poor, a vasodilator is used; if excessive inflammation is present, an anti-inflammatory medication is used; or if inflammation/stimulation is needed; a fibroblast proliferating solution is injected. Conditions such as cellulite are due to lymph veno lymphatic insufficiency, therefore a stimulator of venous and lymph flow is used. These compounds are often combined in cocktails

CONTRAINDICATIONS

The procedure is not recommended for individuals with

- known allergy to components in the proposed mesotherapy cocktail and local anaesthetic
- Unrealistic expectations
- Inflamed, cut or broken skin and any active skin disorder
- Nursing or pregnant.

COMPLICATION

- Minimal bruising, swelling and marks from injections are all short lived.
- Infection, allergy, scar or pigmentation is very rare.

PRE MESOTHERAPY PERIOD

- No particular measures to be taken

MESOTHERAPY TIME

Your skin is cleansed to remove the dirt, oil and superficial dead cells and then dried. A local anaesthetic cream is applied on the area that will be treated

A series of superficial injections are done by hand or with an injection device delivering rapid injections for larger areas. Ice packs may be applied to reduce swelling and bruising. Normally it is well tolerated. Initially a course of 6-8 sessions are advised every 2 weeks, with maintenance 1-2 times a year.

POST MESOTHERAPY PERIOD

- Resume your daily skin care but avoid any product containing alcohol or abrasive
- Avoid smoking and drinking if you can as they may affect the effectiveness of the mesotherapy
- Apply large amount of SPF 50+ regardless the condition of the weather and avoid direct sun exposure